Life gets a bit more complicated as we get older. It’s good to know where to turn.

Call us if you’re looking for access to...

- Food
- Food Stamps (SNAP)
- Home Delivered Meals
- Shopping Assistance
- Caregiver Resources
- Rent Assistance
- Electric Bill Assistance
- Other long term care needs

Your Aging & Disability Resource Center’s Helpline is the number to call when you need information and guidance on resources available to seniors, adults with disabilities and their caregivers.

For COVID-19 information, visit https://floridahealthcovid19.gov/